

the rock solid 24 HOUR FAMINE '12

RAISING MONEY FOR
WaterAid

Dear Parent/Guardian,

On Saturday the 25th February from 10am until Sunday 26th February 2012 Rock Solid will be taking part in a sponsored 24 fast raising money for the charity Water Aid.

We'd love to see as many young people taking part as possible but need your permission for them to do so.

The plan is to meet at the Family Centre at 9:45am on Saturday 25th and finish around 12pm on Sunday 26th February. The actual fast will last from 10am on the Saturday until 10am on the Sunday and the young people will be leading our Cafe Church service and share their experiences during the 24 hours.

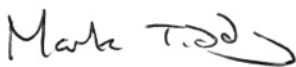
Throughout the 24 hours water and squash will be available and there will be a range of activities (including a sleepover) to keep young people occupied as they spend the 24 hours fast together.

When coming along on the Saturday young people will need to bring: *their sponsor form, sleeping bag, pillow, towel, toothbrush, toothpaste etc. spare clothes and a water bottle.*

In completing the attached consent form you agree to your son/daughter taking part in this event and to them attending the 26 hour sleepover at the Family Centre. If your son/daughter needs to leave during the time for any reason (i.e. music exam) please let us know in advance. The event may include an activity off-side (within South Cave), any such activity will be fully supervised by adults.

In giving consent you also agree that (to the best of your knowledge) the state of your son/daughter's physical health is such that they are capable of fasting without major medical problems.

Thank you for your support for this event,



Mark Tiddy
Youth Facilitator
All Saints' Church, South Cave

Permission Slip (to be returned prior to the event)

Name of young person _____

Date of birth _____

Address _____

Emergency Contact _____

Emergency Contact 2 _____

Medical Conditions _____

Is there any dietary needs? _____

Name of Doctor _____

Surgery _____

I give permission for my son/daughter to take part in the sponsored 24 hour famine and all activities related to it. I acknowledge that there are no known medical conditions which may effect my son/daughter's physical health when taking part on the 24 hour famine.

*I give permission for any photos/video taken to be used for promotion of future All Saints' Youth Events **YES I NO***

Signed: _____ Name: _____
(Parent/Guardian)

